

5 HACKS FOR BEAUTIFUL SKIN USING FACE MASKS



IT ALL STARTS WITH A FRESH BASE

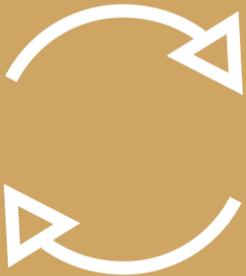
Before using your mask, start with a cleanser. The trick is to pick the right one for your skin. If you tend towards dry skin, use an oil-based cleanser like the Lush Ultrablend. If your skin is more oily than dry, a foaming cleanser like the Neutrogena Oil-Free Acne Wash can work wonders.

Don't have anything on hand? Don't worry - you can wash with water and still have amazing results.



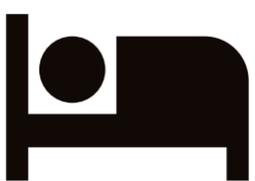
YOUR PAMPER SESSION DURATION MATTERS

You can completely change the results you get just by changing how long you mask for. Dry skin? Leave your mask on for 30 minutes - 2 hours. Oily skin? Shorter is better - mask up for 20 - 30 minutes.



MASKING OFTEN GIVES BETTER RESULTS

We've spent ours masking and we've found that the perfect frequency is 1-2 masking sessions per week. Hot tip: you can rinse and re-use your Trefiel hydromask to make it last longer. Just put it back in the packet when you're finished.



YOU CAN BLITZ PIMPLES BY MASKING OVERNIGHT

Is it that time of the month or are you breaking out for no good reason? Put your mask on and sleep with it on overnight to wake up the next day with a clean slate. Bonus points if you make it through the night with it on.



COLD SERUMS MAKE YOUR PORES SMALLER

If you want tighter, less visible pores, try popping your mask in the fridge 20 minutes before using it. It'll cool your skin off like an icy facial, tighten your pores and leave you glowing like nothing else.

LOVE THIS?

*We specialise in creating face masks that are suitable for all skin types.
You can purchase yours from www.trefiel.com and use the code **EBOOK10** for a sneaky 10% off on us.*

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*Website: www.trefiel.com
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